



# Wat se jy?

## Wat is jou kalmeermiddel?

- a) 'n Rugmassering
- b) 'n 'Facial'
- c) Pille (natuurlik/konvensioneel)
- d) Ander (Noem asb!)

Stuur asb jou antwoord terug na [info@madeleen.co.za](mailto:info@madeleen.co.za), Opskrif: Kalmeer

## VORIGE UITSLAG: GEBRUIK JY NEKROOM?

100% NEE tussen die ouderdom 26 en 38 jaar.  
Nekroom moet vanaf die ouderdom 25 gebruik word!

# 'Dear Diary'

## Weightloss challenge



1. Begin 1 Julie 2010 – 30 September 2010
2. Begin 1 Sept 2010 – 30 November 2010

Bel gerus vir meer inligting!

# My tip Vir die maand:

Dis winter! Warm komberse word uitgehaal, motbolle word afgeskud van die winterklere en jou 'wax' afspraak word weer saam met die motbolle gebere vir die somer...  
**GROOT FOUT!**

Hou aan met IPL (Permanente Haarverwydering sessies) of 'waxing' reg deur die winter sodat jou haargroei kan bly afneem. As jy hiberneer, sal jy nooit die reslutate kry wat jy soek nie!



# Meer inligting oor die produkte op 'special'...



# face facts



### Active Complex

An advanced rejuvenating treatment to keep skin looking younger for longer. It helps prevent, correct and reverse the appearance of lines, wrinkles and dark spots.

**Total Protector 20 Sunscreen**  
An easily applied sun protection formula with an optimum SPF, providing a dual defence against environmental damage and photo ageing.

### Lip Care

This lightly textured lip therapy is formulated to condition, nourish and protect the lip area against exposure and environmental elements.

## Herbalife Nek Room



'Smoothing and refining cream for thin skin in the neck, Chest and cleavage which is most prone to show the signs of aging.'

### Key benefits

- Minimizes the appearance of fine lines and wrinkles.
- Collagen-building Glucosamine Complex aids hydration and firms skin.
- Visibly increases luminosity and clarity and improves skin smoothness.
- Perfect for all skin types.
- For men and women.